

Leon County Senior Outreach

May, 2006 Calendar of Events

Chaires-Capitola

Dorothy C. Spence Community Center, 4768 Chaires Crossroad

Chaires-Capitola Senior Day: Tuesday, May 23rd, 10:30 a.m. - 12:30 p.m.

Senior Fitness Classes: Mondays, Wednesdays and Fridays, 9:30 - 10:30 a.m.

Senior "Chat" Group: Tuesdays, May 2nd, 9th, 16th & 30th, 10:30 - 11:30 a.m.

Ft. Braden

Ft. Braden Community Center, 16387 Blountstown Hwy.

Ft. Braden Senior Day: Tues., May 16th, 10:30 a.m. - 12:30 p.m.

Senior Fitness Classes: Mondays and Wednesdays, 10:30 - 11:30 a.m.

Senior "Chat" Group: First Wed. of the month, May 3rd, 1:00 - 2:00 p.m.

Bus Trip to WalMart: Third Fri. of the month, May 19th, 10:00 a.m. - 12:30 p.m.

Computer Classes for Seniors: Thursdays, 10:00 - 11:00 a.m. Pre-registration required. Ft. Braden Library, 606-2900

Miccosukee

Miccosukee Community Center, 13887 Billingsley Road

Miccosukee Senior Day: Thurs., May 4th, 10:30 a.m. - 12:30 p.m.

Senior Fitness Classes: Mondays, Wednesdays and Fridays, 1:30 - 2:30 p.m.

Bus Trip to WalMart: First Fri. of the month, May 5th, 10:00 a.m.-12:30 p.m.

Woodville

First Baptist Church of Woodville, Fellowship Hall, 9500 Woodville Hwy.

Woodville Senior Day: Thursday, May 11th, 10:30 a.m. - 12:30 p.m.

New! - **Senior Fitness Classes:** Mondays and Wednesdays (Monday class starting on May 8th), 8:30 - 9:30 a.m.

For more information, call 891-4033 or 891-4065

Relatives as Parents Program (R.a.P.P.)

Services, information and support for grandparents and other non-parent caregivers raising children.

Wednesday, May 31st 11:30 a.m. - 1:00 p.m.

Complimentary Lunch

Hosted by the Children's Home Society

1801 Miccosukee Commons Drive

Pre-registration required, call 891-4033 or 891-4065.